

Online resources for parents & carers

Childnet have a dedicated area to support parents and carers with information on key online safety topics, advice and activities to share with your child.

www.childnet.com/parents-and-carers

1. Key advice from us

Hot Topics

Information on key online safety topics including advice and conversation starters for children of different ages.

childnet.com/parents-hot-topics

Need Help?

Support and information on what to do if you think your child is at risk online.

childnet.com/parents-help

How to make a report

Advice for adults and young people on the reporting tools for popular games, apps and social media platforms.

childnet.com/how-to-make-a-report

2. Reviews and tools

Net Aware

Online guide with up-to-date advice and parents' views on popular apps, games and online platforms.

net-aware.org.uk



Expert reviews, advice and age appropriate recommendations on games, apps, films and more.

commonsensemedia.org

internetmatters.org

Step-by-step guides for using parental controls and privacy settings alongside support on a range of online safety topics.

internetmatters.org



Advice centre

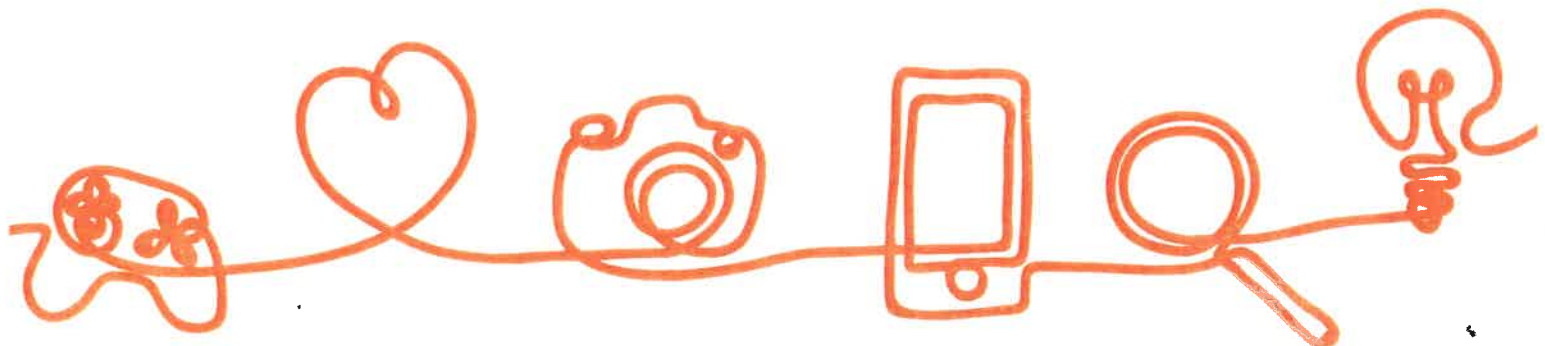
Advice centre with tips, guides and resources for parents and carers, adoptive parents, foster carers, health care professionals and more.

saferinternet.org.uk/advice-centre

Safety tools on social networks & other online services

A set of guides highlighting safety features on popular social media services and messaging apps.

saferinternet.org.uk/safety-tools



3. Get help and support

For parents / carers

NSPCC

Free support and advice for adults concerned about the safety or wellbeing of a child.

0808 800 5000
nspcc.org.uk

O₂ | NSPCC

Free online safety support and tech advice.

0808 800 5002
nspcc.org.uk/onlinesafety

family lives

Free, professional, non-judgmental support and advice.

0808 800 2222
familylives.org.uk

YOUNG MINDS

fighting for young people's mental health

Free, confidential, expert advice on how to support young people's mental health & wellbeing.

0808 802 5544
youngminds.org.uk

For children

childline

Providing help and support for under 18s.

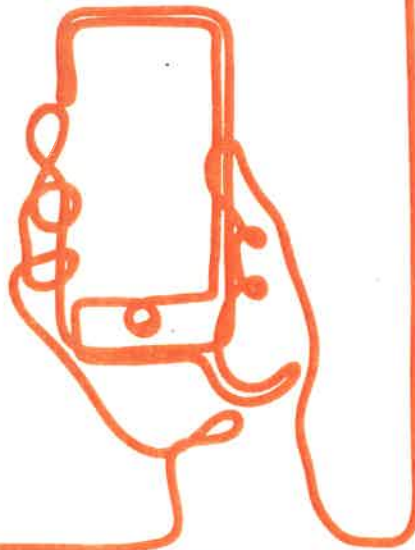
0800 11 11
childline.org.uk

THE MIX

Essential support for under 25s

Providing help and support for 13–25 year olds.

0808 808 4994
themix.org.uk



4. Get specific advice

Childnet

From screen time and cyberbullying to gaming, we have practical advice on key topics.

childnet.com/parents-hot-topics

Digital Parenting

Free online magazine, resources and articles on online issues.

vodafone.co.uk/digitalparenting

Ask About Games

Advice and online guides about gaming and PEGI age ratings.

askaboutgames.com

Phone Brain

Information about paid for services such as premium rate numbers and in-app purchases.

phonebrain.org.uk

Get It Right From A Genuine Site

Find out which sites are legal for streaming and downloading films, music & games.

getitrightfromagenuinesite.org

5. Make a report

Child Exploitation and Online Protection Command (CEOP)

A police agency tackling child sexual abuse and online grooming. Their two websites include an online reporting tool and advice and activities for parents and children.

To make a report:

ceop.police.uk

For advice & activities:

thinkuknow.co.uk

Internet Watch Foundation

(Part of UK Safer Internet Centre)

The IWF work to remove online images and videos of child sexual abuse. Their online reporting tool can be used to anonymously report criminal content of this kind.

iwf.org.uk

Report Harmful Content Online

(Part of UK Safer Internet Centre)

Advice on how to respond to harmful content online, this tool also allows visitors to query inadequate reporting responses from other services.

reportharmfulcontent.com

True Vision

Information about hate crime and incidents and advice on how to report it in England, Wales and Northern Ireland.

report-it.org.uk

Action Fraud

National reporting centre for fraud and cybercrime in England, Wales and Northern Ireland.

actionfraud.police.uk



Childnet International

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Criminal exploitation: A guide for parents

Criminal Exploitation is when individuals or gangs target children and force them to carry out criminal activity. Exploiters may force young people to deal drugs, steal, commit violent or sexual acts and traffic them.

Children who are being criminally exploited will usually be subject to physical violence and threats – but exploiters are smart: they'll spend months or years grooming their victims, and parents often aren't even aware it's happening.

If you think your child is being exploited it's important to know that **you are not alone and not to blame**. You should:

- Report your concerns to Children's Social Care or the NSPCC's helpline on **0808 800 5000**. A social worker can help you take steps to protect your child. They will make an assessment based on concern your child is at risk of harm from outside of the family.
- You can also report your concerns to the police using their non-emergency number. If you feel your child is in immediate danger then call the police on **999**.

Don't be worried about contacting the police – you are trying to protect your child.

If you would like more support, go to other professionals who can help: your GP, school, police or a youth worker.

- If your child isn't where they are supposed to be, report them missing straight away on **101**. **You do not have to wait 24 hours.**
- If your child is picked up in a car, or has train or bus tickets, keep a record of this information to give to the police or social worker
- There may be other evidence that your child is being exploited, such as interactions on social media, unexplained money or phones, clothing or gifts, change in behaviour; where possible try to keep a record of this.

If you're able to speak to your child then let them know they aren't in trouble – and that you're worried about them. Remember that there may be threats made against you or your family by the people exploiting your child. Your child may believe that they are protecting you. Let your child know that you know about this risk and that it is not their responsibility to protect you.

If they don't want to talk to you, let them know that they can always call ChildLine on **0800 1111** or Get Connected on **0808 808 4994 (text 80849)**.