

PSHEE

- **Stranger danger (including on the internet)**
- To be able to understand how to keep safe on the internet.
- To be able to know what to do if someone is unkind to you online.
- To know what to do if a stranger asks for personal details or to meet them.
- I can describe how exercise affects my body temperature.



Alcohol

- What affect does alcohol have on your health?
 - Why do people drink alcohol?
 - What are the physical effects of alcohol?
- What are the risks of drinking alcohol (physical and social implications)
 - Knowing the law limits.

